

Prevention of Bullying Behavior in Rural Middle Schools

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Abstract: In today's society, the number of school bullying incidents has increased, and it has gradually developed into a social problem with very bad influence. This kind of problem has become increasingly prominent in rural middle school campuses, which not only affects the normal teaching work of rural middle schools, but also has a great negative impact on the growth and development of rural middle school students. This paper analyzes the underlying causes of bullying behavior in rural middle schools and explores effective ways to prevent bullying in rural secondary schools.

1. Introduction

Rural secondary schools have low levels of education due to conditions, and many students are left-behind children. They lack the care and education of parents. Coupled with various social factors, campus bullying has escalated. Therefore, educators and parents of rural middle schools are constantly seeking solutions and preventive measures, hoping to ensure the children's personal safety and healthy development.

2. Analysis of the causes of bullying behavior in rural middle schools

Bullying in rural secondary schools is mostly caused by the environment of the family, school and society.

2.1 Family environmental factors

Parents are the children's first teacher, and their parents' words and deeds and family environment have a great impact on their children.

2.1.1 Improper family education

In many rural families, most of the parents of the students did not receive much education. There are many problems when parents teach their children. Lack of scientific and effective guidance on children's daily behaviors, moral concepts and ways of doing things, even many rural parents believe that "filial children are born under sticks", which have a negative impact on children's growth.

2.1.2 Left-behind children lack of care

Most parents of rural families have been working outside for a long time, and their children have been left at home for a long time in a state of lack of love and no control.

2.1.3 Family breakdown affects a child's personality

Parental emotional problems have a great impact on children. As the divorce rate rises, a lot of single-parent families appear in the society, and many families have bad feelings between their parents. They often quarrel and even use domestic violence. The children are psychologically involved in this process. Affected and hurt, their personality often changes greatly and becomes very rebellious and disobeyed [1].

2.2 The factor of school environment

School is a place for teaching and educating people. In addition to the education function of cultural knowledge, it also has a great impact on students' way of life.

2.2.1 Influence factors of school classmates

There are mutual influences and actions between the students, and many students in the middle school class will form different small groups due to different factors such as hobbies, values, and family environment.

There are also some students who help each other to fight together, escape classes, and even bully on campus. The teacher has not been properly guided and strictly disciplined [2].

2.2.2 School teacher influence factors

Most of the teachers in rural middle schools have limited education level and ability, and their educational concepts are backward. They only pay attention to the students' achievements, and they pay insufficient attention to students' individual words and deeds, class discipline and class style. While teachers bring great learning pressure to students, the control of some less serious language bullying is not strict, and students with good academic performance are more likely to be favored by teachers, and students are more unscrupulous in such a state.

2.2.3 School regulatory factors

The school's supervision is not strict, and it provides a lot of opportunities for bullying on campus. Many students know that their right to education is protected by law, but they lack a correct understanding of bullying on campus. They only know that schools will not punish and expel themselves, and they will be more daring when they are bullying on campus.

2.3 Social and environmental factors

2.3.1 Malformed social culture is poisonous to students

With the development of the cultural market and the advancement of science and technology, students can access various cultural products through the network.

The chaotic cultural market produces many bad cultural products, such as books, games, animations, and audio-visual products that are full of pornography, violence, blood, gambling, etc., which will have many adverse effects on students' behavior and mental health.

2.3.2 Legal issues of juvenile delinquency

Although in recent years, China's laws and regulations on juvenile crimes are constantly improving, there are still some legal loopholes; moreover, the country, schools and society are not paying enough attention to the problem of bullying on campus, and have not strengthened the publicity and education of laws and regulations on campus, which makes students lack of legal knowledge.

3. Ways to prevent bullying behavior in rural middle schools

In order to prevent school bullying in rural middle schools, it is necessary to carry out strict education and management from multiple aspects including students, parents, school and society.

3.1 The aspect of students

3.1.1 The perspective of campus bullying victims

Victims must bravely face up when they encounter bullying on campus. They should take correct measures to deal with them. They should seek for protection and help from teachers and parents in a timely manner instead of enduring it or answering violence with violence. Develop positive, courageous, optimistic and cheerful personality on campus while actively making friends, expand social circle, and form a good campus relationship.

In addition, in campus activities and off-campus activities, try to avoid those corner less pedestrian access to, try not to go out alone[3].

3.1.2 From the abuser of school bullying

On the basis of in-depth education of the school and parents, abuser should make positive self-reflection and self-salvation, strengthen the learning and research on ideological and moral knowledge and law, wake up their inner conscience and sense of shame, set up the correct values and regulate their moral behavior. In addition, they should put themselves in the other person's shoes, understand the pain of the victim in the face of bullying, apologize and compensate the victim, and put forward some suggestions to prevent bullying.

3.1.3 From witness of bullying

Students should have a strong sense of responsibility when witnessing bullying on campus. They should immediately notify the teachers, school security personnel or parents of the students, actively seek other people's help. If the situation is serious, they can directly call the anonymous alarm phone and resolutely stop bullying on campus from themselves. In daily life they should exercise their communication skills, as well as the ability to solve emergencies.

3.2 From school

3.2.1 Establish a scientific and comprehensive student evaluation mechanism

In the education work of the school, a comprehensive and scientific student evaluation mechanism should be established, and students' comprehensive quality should be investigated and evaluated from multiple perspectives, such as personal hygiene, civilized etiquette, learning attitude, behavioral habits, learning quality and ideological quality. Academic performance should not be the only criterion for evaluating students.

3.2.2 Strengthen psychological counseling and rule of law for students

At ordinary times, the school should pay more attention to the education work of students' ideological and moral knowledge and legal knowledge, so as to improve students' ideological and moral level and the concept of rule of law. It is necessary to set up its internal psychological counseling room to carry out psychological counseling for students. At the same time, some policemen or lawyers can be invited to give education lectures on rule of law.

3.2.3 Strengthen campus safety supervision and screening work

To do a good job on campus security supervision and screening work, strengthen campus security, to ensure that the campus office building, teaching building, dormitory building and the school guard room has been on duty.

3.2.4 Organize campus activities to strengthen students' contact

School can also carry out various campus activities according to its own situation. For example, interest groups such as calligraphy, painting and poetry should be established on campus. Activities such as campus sports meeting and talent competition should be carried out. Some speech contests or debate contests with bullying as the theme can also be held.

3.2.5 Communicate well with students' parents

At the same time, school teachers should do a good job in communication and communication with the parents of children. They can use the form of home visit, telephone visit, parents' meeting to strengthen the contact with the parents of students, timely report to the parents of students in school.

3.3 Parents

3.3.1 Change education mode of family and pay attention to their own behaviors

First of all, parents should change the traditional education mode and pay attention to the democracy in family education. They should neither spoil nor despotism their children. Secondly, parents should also lead by example, pay attention to the civilization of their words and deeds, calmly deal with conflicts and conflicts with people, and do not use violence.

3.3.2 Provide children with spiritual care and strengthen the spiritual communication with children

In addition to meeting children's material needs, parents should also pay attention to give children more spiritual care, to let children feel love and be loved. In the communication with children, parents should fully respect them, pay attention to their psychological and emotional changes, and actively communicate with them to solve the problem when children's emotional state is wrong.

3.4 Social aspects

3.4.1 Strengthen market supervision and purify the network environment

The government should strengthen the supervision of the cultural market, actively investigate and resist various bad cultures, and encourage the cultural market to produce more positive and positive-enriched cultural products to provide a good social and cultural environment for children. In addition, the relevant departments should continuously improve the technical level to strengthen the supervision of the network, actively purify the network environment, and create a green and healthy network platform for children [4].

3.4.2 Improve laws and regulations and strengthen punishment

Relevant legal departments should constantly improve the legal provisions on juvenile delinquency, appropriately strengthen the punishment, and organize schools to actively carry out the propaganda of legal knowledge, so that students can know the law, understand the law, use it, and prevent the campus bullying from the legal level.

4. Conclusion

In summary, the bullying phenomenon in rural secondary schools is very serious and has a serious negative impact on the society. Therefore, schools, parents and the society must cooperate with each other and actively make efforts to eliminate and prevent bullying in rural secondary schools.

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